



**The Family Center**  
16015 SE Stark St.  
Portland, OR 97233

## **MEAL PROVIDERS NEEDED!**

Volunteers are needed to **prepare & serve dinners** at the Family Center.

The **Family Center** is a no-turn away **emergency family shelter** located on 160<sup>th</sup> and Stark in East County / Gresham. Each night, **150 or more** people stay at the shelter, and about **half** of those guests are **under 18**.

Human Solutions aims to **provide full meals** to all of those families staying with us, and we **need your help** to make it happen!

We are seeking volunteers to come to the shelter at **6pm with food for up to 120+ people**. **Your group of volunteers (1-15 people)** can **reheat the meal, set it out, serve & pack up leftovers**—however, if you would like to **drop off your donated food and leave it at that** -- no problem! We have volunteers waiting in the wings and ready to serve it!

Your work will **directly impact** the lives of **the dozens of families** who stay at the Family Center and **do not** have **regular access** to food. From everyone at the Family Center: **THANK YOU!!!**

How can you **get involved** today?

**Organize a team:** With your family or neighbors, through your place of worship, work or organization, create a group of people who can be responsible for a day (or more) each month. Please get in touch with the **Donations Coordinator, Emilie Friedman**, to see what days are available! Emilie's email is [EFriedman@humansolutions.org](mailto:EFriedman@humansolutions.org) & cell is: **503. 278. 1637**.

**Cook, pickup or have a meal donated:** Your group will provide food for up to 120 people. Cook a big batch of lasagna & salad, raise funds to purchase your meal at a local restaurant, or reach out to folks you know who cater & can donate! Then bring the meal to us around 5:30-6pm!

**Reheat, Serve & Pack Leftovers:** Bring a small or large team of 1-15 to serve food, stay for the meal, and pack up what's left over. If you can bring serving utensils, paper or plastic silverware, plates or cups, and/or tupperware-- all the better! If not, we provide all cutlery and serving utensils & wash up after. Just let us know what you need and how we can support you!